

**Forest of Dean Health Forum
West Dean Centre, Bream
Annual General Meeting - Tuesday 4th October 2016 – 7.00-9.00pm**

Minutes

Attendees:

Linda Vaughan – Secretary	Albert Weager – Chair
Mary Thurston – Friends of Lydney Hospital	Di Martin – Cinderford TC
Peggy Jordan - Public	Hilary Bowen – Governor Barnwood Trust
Jim Spiers – Treasurer	Tim Fretter - FVAF
Clive Elsmore – FODDC / CTC	Caroline Smith – NHS Glos CCG
Terry Hale – Newland/FODDC	Doug Battersby
Mel Preston – Diabetic Support Group	Roger James – West Dean PC
Lynn Sterry – Cinderford TC	Roger Sterry – Cinderford TC
Jane Lloyd – Village Agent	Marie Frazer-Griffiths - Friends of Lydney Hospital
Dr Martin Gibbs - GP	Anthony Midgley – Friends of Lydney Hospital
Eileen Elsmore – Coleford TC	Angela Davies- Friends of Lydney Hospital
Clive Elsmore – Coleford TC	Mary Thurston – Friends of Lydney Hospital
Shaun Stammers – Mitcheldean TC	

Welcome and Introductions

Albert welcomed members and introduced our speaker, Adele Jones, Senior Clinical Programme Manager for Mapmydiabetes with the Gloucestershire Clinical Commissioning Group.

Speaker: Adele Jones gave a presentation that explained how this new online toolkit is designed to help people to manage their diabetes.

Adele explained the two types of diabetes:

Type 1 – where the pancreas doesn't produce any insulin.

Type 2 – where the pancreas doesn't produce enough insulin or the body's cell don't react to insulin.

This is often associated with obesity and accounts for 90% of diabetics.

Prevalence: 1 in 16 people have diabetes, diagnosed or undiagnosed making a total of 3.5 million. It is estimated that by 2025 there will be 5 million, the increase mostly due to obesity. In Gloucestershire there are about 38,000 sufferers.

Complications include: vision loss or blindness, heart disease or stroke, kidney failure, foot problems, problems in pregnancy

Mapmydiabetes is the only online structured education program aligned with NICE guidelines. It allows highly secure monitoring and sharing of data between GPs nurses and patients to support optimal care, target and goal setting. It includes everything a patient needs to put theory into practice including reminders, care plans, diabetes recipes, cooking techniques and exercise plans.

Key themes are: Peer support groups, refresher education, online support and further psychological support. The toolkit will enable patients to go on a website to monitor their diabetes, get advice and information.

The MAPMYDIABETES online tool is being rolled out to GP practices. GP practice nurses and admin staff are being trained. Patients will need to consent to having an account. The aim to sign up 6,000 patients by the end of March.

Annual General Meeting 2016

1. **Apologies** Jane Hamilton, Lynn Teague, Dr Peter Jackson, Bren McInerney, Gary Deighton.
2. **Matters Arising from minutes of 2015 AGM – Nil. Minutes signed off**
3. **Chair's report** – The Chair reported that the forum had a very successful and eventful year, with a wide range of speakers and a successful “Fest” which was funded by a grant from the MidCounties Co-op. The Chair has attended a number of events on behalf of the Forum and the committee have been involved in discussions about the future of local health care.
Special thanks go to Jan Baynham for her service to the Forum, Tim Fretter and Pat Nixon (FVAF) for their help and the Friends of Lydney Hospital for their help, advice and support.

Full report attached.

4. **Treasurers Report-** Financial statement for the Year Ending 31st July 2016.
Balance £1147.89. Independently checked and verified by Tim Fretter of FVAF.
A grant has also been received from Newland Parish Council
5. Members were asked if they had ideas for the use of this money. The Secretary asked if the Forum computer could have a “health check” to ensure that it is up to date and safe.

Balance sheet attached.

6. **Members Reports**

- The future of the MIU's in Gloucestershire has been decided. There will be no changes at the Dilke and Lydney meaning that the MIUs will be open until 11.00pm each day.
- The new Chief Executive of Gloucestershire Hospitals, Deborah Lee, is reviewing the financial loss at GRH with a view to reducing it.
- Hilary had attended an enlightening musical about cancer treatment which would be showing in London on 14th October.

7. **Election of Officers/Committee members**

- Roger James took the chair whilst the election of the committee took place
- Albert Weager duly proposed, seconded and elected as Chair
- James Spiers duly proposed, seconded and elected as Treasurer
- Linda Vaughan duly proposed, seconded and elected and Secretary

Jan Baynham to step down from the committee.

An invitation was made to any other members who wished to join the committee.

8. **AOB**

- It was unanimously agreed that Jan Baynham should be thanked for her work for the Forum and the huge contribution she has made over the years should be acknowledged.
- Shaun Stammers reported an incident when there were no beds at GRH, there was no domiciliary care available and no care package arranged for a patient. It was felt that this was unlikely to be an isolated incident.

- Friends of Lydney Hospital thanked the general public for supporting their fundraising which has enabled them to buy a new x-ray machine for Lydney Hospital.
 - Albert reported that Bells Club have the facilities to host charity/fundraising events.
 - It is hoped that the new Chief Executive at GRH will be able to attend one of our meetings in the Spring 2017.

9. **Future meetings:**

- Update from CCG – Caroline Smith – for November 1st meeting along with someone from Care Services
- Bones, Joints, Muscles - Kathy Gibbons – December 6th 2016
- Fire Service – home and road safety – February 7th 2017
- Independence Trust - Joanne Bourne Jones – March 7th 2017
- Action for Children – April 4th 2017

Chairs Report to the Forest Health Forum AGM 04/10/16

- The Forum has had a very successful and eventful Year.
- The statement of accounts will show the level of support the Forum has received from local organisations. Their donations are very much appreciated, as they enable the Forum to function effectively. The Forum also received a community grant of £350 from the Mid Counties CO OP.
- Visiting speakers to monthly meetings have come from across the health and social care spectrum representing local and countywide services. Members have benefited very much from presentations and question and answer sessions.
- Of particular note was the Open Forum which looked at aspects of patient care from the perspective of many providers and the CCG. There was a panel of nine at the April meeting affording the members the opportunity to gain a coordinated set of insights and ask questions.
- Highlight of the year was the Health and Care Fest, held at Lydney Community Centre, and opened by Dame Janet Trotter.
- As chair I have attended a number of events on behalf of the Forum. These include the re launch of Forest Sensory Services, the two local hospital fetes, Crossroads Care 20th Anniversary, the launch of the Mental Health Hub at Colliers Court and the Dilke Hospital tea party.
- A number of consultations have been attended, by either the chair, secretary or a committee member to participate in discussions on the local health/care future. As chair I was part of the recruitment process for a new CEO for Gloucestershire Care Services.
- My thanks go to Forum secretary, Linda Vaughan, Treasurer Jim Spiers, and to the committee. Special thanks to Jan Baynham, former chair who is stepping down from the committee. Special thanks also to FVAF (Pat Nixon and Tim Fretter) our technical lifeline during the year. Thanks also to the Friends of Lydney hospital for their efforts supporting the ‘Fest’. The interest of our local MP, Mark Harper, has also been appreciated.
- Most of all I must thank all the loyal supporters of the Forum who regularly attend meetings and ask interesting, challenging questions. I look forward to meeting with you all during the coming year.

Albert Weager Chair October 2016

FINANCIAL STATEMENTS FOR THE YEAR ENDING 31st. JULY 2016.

Income.

Grants.

West Dean Parish Council	(November 2015.)	£300:00p.
Coop Grant	(January 2016.)	£250:00p.
Mitcheldean Parish Council	(March 2016.)	£100:00p.
Mid Glos Coop	(May 2016.)	£350:00p.
Lydney Town Council	(June 2016.)	£150:00p.
Cinderford Town Council	(July 2016.)	£200:00p.
Donation		£ 8:40p.
	Total.	£1358:40p.

Expenditure.

Secretaries Expenses.		£ 55:65p.
Chairman's Expenses.		£ 10:33p.
Room Hire.		£ 170:00p.
Stationary & Postage.		£ 58:62p.
F.V.A.F. Membership.		£ 10:00p.
Advertising (Forest Review).		£ 80:00p.
Website.		£ 162:00p.
Health & Social Care Festival (2 nd . July 2016)		£ 324:04p.
	Total.	£ 870:64p.

Balance Sheet as at 31st. July 2015.

Opening Balance. 1 st . August 2015.	£ 660:13p.
Income for the year 2015 -16.	£1358.40p.
Expenditure for the year 2015 - 16.	£ 870:64p.
Closing Balance. 31 st . July 2016.	£1147:89p.

Outstanding Cheque (100100) for April, May & June Room Hire £51.00 paid, but not yet cashed.

James E. Spiers

Treasurer.